# SOCIAL SKILLS CHECKLIST <br> (Pre-K/Elementary) 

Name of child: $\qquad$ Date: $\qquad$ Completed by:

Instructions: For each question, check if that particular skill occurs Almost Always, Often, Sometimes or Almost Never.
RATING SCALE
Almost always- the student consistently displays this skill in many settings and with a variety of people
Often- the student displays this skill on a few occasions, settings and with a few people
Sometimes- the student seldom displays this skill but may demonstrate it on infrequent occasions.
Almost Never- the student never or rarely exhibits this skill. It is uncommon to see this in their daily routine.

| SOCIAL PLAY \& EMOTIONAL DEVELOPMENT | Almost Always | Often | Sometimes | Almost Never |
| :---: | :---: | :---: | :---: | :---: |
| 1.1 Beginning Play Behaviors |  |  |  |  |
| 1. Maintains proximity to peer within 1 foot |  |  |  |  |
| 2. Observes peers in play vicinity within 3 feet |  |  |  |  |
| 3. Parallel play near peers using the same or similar materials |  |  |  |  |
| 4. Physically imitates peer |  |  |  |  |
| 5. Verbally imitates peer |  |  |  |  |
| 6. Takes turns appropriately during simple games |  |  |  |  |
| 1.2 Intermediate Play Behaviors |  |  |  |  |
| 1. Shares toys and talks about the activity with peers, even if play agenda is different |  |  |  |  |
| 2. Physically and verbally responds to interactions from peers (accepts toy, questions) |  |  |  |  |
| 3. Returns and initiates greetings with peers |  |  |  |  |
| 4. Knows appropriate ways of joining in an activity with peers |  |  |  |  |
| 5. Invites others to play |  |  |  |  |
| 6. Takes turns during structured activities |  |  |  |  |
| 7. Obeys game rules |  |  |  |  |
| 8. Requests toys, food, and materials from peers |  |  |  |  |
| 1.3. Advanced Play Behavior |  |  |  |  |
| 1. Plays cooperatively with peers during imaginative play |  |  |  |  |
| 2. Makes comments about what he/she is playing to peers |  |  |  |  |
| 3. Organizes play (suggests ideas to peers on how to play) |  |  |  |  |
| 4. Follows peer play plans |  |  |  |  |
| 5. Takes turns during unstructured activities without a time limit |  |  |  |  |
| 6. Offers toys, food, and materials to peers |  |  |  |  |


| EMOTIONAL REGULATION | Almost <br> Always | Often | Sometimes | Almost Never |
| :---: | :---: | :---: | :---: | :---: |
| 2.1 Understanding Emotions |  |  |  |  |
| 1. Identifies likes and dislikes |  |  |  |  |
| 2. Identifies emotions in self |  |  |  |  |
| 3. Identifies emotions in others |  |  |  |  |
| 4. Justifies emotions once identified (eating because I'm hungry) |  |  |  |  |
| 5. Demonstrates affection and empathy toward peers |  |  |  |  |
| 6. Refrains from aggressive behaviors toward peers |  |  |  |  |
| 7. Refrains from aggressive behaviors toward self |  |  |  |  |
| 8. Does not exhibit intense fears or phobias |  |  |  |  |
| 9. Interprets body language |  |  |  |  |
| 10. Uses different tones of voice to convey messages |  |  |  |  |
| 2.2 Self-Regulation |  |  |  |  |
| 1. Allows others to comfort him/her if upset or agitated |  |  |  |  |
| 2. Self regulates when tense or upset |  |  |  |  |
| 3. Self regulates when energy level is high |  |  |  |  |
| 4. Deals with being teased in acceptable ways |  |  |  |  |
| 5. Deals with being left out of a group |  |  |  |  |


| EMOTIONAL REGULATION continued | Almost Always | Often | Sometimes | Almost Never |
| :---: | :---: | :---: | :---: | :---: |
| 6. Accepts not being first in a game or activity |  |  |  |  |
| 7. Accepts losing at a game without becoming upset/angry |  |  |  |  |
| 8. Says "no" in acceptable way to things he/she does not want to do |  |  |  |  |
| 9. Accepts being told "no" without becoming upset/angry |  |  |  |  |
| 10. Able to say "I don't know" |  |  |  |  |
| 11. Able to end conversations appropriately |  |  |  |  |
| 2.3 Flexibility |  |  |  |  |
| 1. Accepts making mistakes without becoming upset/angry |  |  |  |  |
| 2. Accepts consequences of his/her behavior |  |  |  |  |
| 3. Accepts unexpected changes |  |  |  |  |
| 4. Continues to try when something is difficult |  |  |  |  |
| 5. Ignores others or situations when it is desirable to do so |  |  |  |  |
| 2.4 Problem Solving |  |  |  |  |
| 1. Identifies/defines problems |  |  |  |  |
| 2. Generates solutions to problems |  |  |  |  |
| 3. Carries out solutions by negotiating or compromising |  |  |  |  |
| 4. Understands impact his/her behavior has on peers |  |  |  |  |


| COMMUNICATION SKILLS | Almost Always | Often | Some- <br> times | Almost Never |
| :---: | :---: | :---: | :---: | :---: |
| 3.1 Conversational Skills |  |  |  |  |
| 1. Initiate conversation when it is appropriate to do so |  |  |  |  |
| 2. Initiates conversation around specific topics |  |  |  |  |
| 3. Asks "Wh" questions |  |  |  |  |
| 4. Responds to "Wh" questions |  |  |  |  |
| 5. Makes a variety of comments, related to the topic during conversation |  |  |  |  |
| 6. Introduces him/herself to someone new |  |  |  |  |
| 7. Introduces people to each other |  |  |  |  |
| 8. Ends conversations appropriately |  |  |  |  |
| 3.2 Nonverbal Conversational Skills |  |  |  |  |
| 1. Maintains appropriate proximity to conversational partner |  |  |  |  |
| 2. Orients body toward speaker |  |  |  |  |
| 3. Pays attention to person's nonverbal language; understands what is communicated |  |  |  |  |
| 4. Waits to interject |  |  |  |  |
| 3.3 Compliments |  |  |  |  |
| 1. Gives appropriate compliments to peers |  |  |  |  |
| 2. Appropriately receives compliments |  |  |  |  |
| 3. Asks for a favor appropriately |  |  |  |  |
| 4. Apologizes independently |  |  |  |  |


| SUMMARY OF SOCIAL SKILLS CHECKLIST | Total \% Marked <br> Almost Always | Total \% Marked <br> Often | Total \% Marked <br> Sometimes | Total \% Marked <br> Almost Never |
| :--- | :--- | :--- | :--- | :--- |
| 1.1 Beginning Play Behaviors | 0 | 0 | 0 | 0 |
| 1.2 Intermediate Play Behaviors | 0 | 0 | 0 | 0 |
| 1.3 Advanced Play Behaviors | 0 | 0 | 0 | 0 |
| 2.1 Understanding Emotions | 0 | 0 | 0 | 0 |
| 2.2 Self-Regulation | 0 | 0 | 0 | 0 |
| 2.3 Flexibility | 0 | 0 | 0 | 0 |
| 2.4 Problem Solving | 0 | 0 | 0 | 0 |
| 3.1 Conversational Skills | 0 | 0 | 0 | 0 |
| 3.2 Nonverbal Conversational Skills | 0 | 0 | 0 | 0 |
| 3.3 Compliments | 0 | 0 | 0 | 0 |

Calculation: For each section, total the number of questions checked under each response category (Often, etc.) in the specific section and divide by the total number of questions in the section, then multiply by 100.

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