THE DEVELOPING CHILD WITH UNILATERAL HEARING LOSS

Pediatric Audiologists, Early Intervention Teachers of the Deaf/Hard of Hearing or Speech Language Pathologists

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This step-by-step guide accompanies PowerPoint materials that have been developed to share with families after unilateral hearing loss has been diagnosed, typically in infancy secondary to identification through newborn hearing screening. The PowerPoint presentation can be downloaded from: <u>http://www.kandersonaudconsulting.com/Unilateral_Hearing_Loss.html</u>

This guide will review background information regarding what is known about the affects of hearing loss in one ear on child development and provide information to share with families. The guide is divided into suggested sections to correspond with pediatric audiology appointments and with home visits by an early interventionist (teacher of the deaf/hard of hearing or speech language pathologist).

The user is encouraged to utilize the materials as a resource for families to answer their questions and provide information and support as appropriate to their readiness.

The guide will have "What do you think?" opportunities to help the practitioner reflect on their current practices and how this new information could be integrated into their daily work.

These materials are free for use. Please direct any comments to KarenLAnderson@earthlink.net

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How many children are being identified with unilateral hearing loss?

According to EHDI data from the Centers for Disease Control, in 2007, over 94% of more than 4 million newborns in the US had their hearing screened. Based on 2006 CDC EHDI data, 22.5% of children identified with hearing loss had unilateral loss of either a conductive or sensorineural nature. The prevalence of unilateral hearing loss appears to be 0.8/1000 to 1/1000 screened (Vohr, Simon, McDermot, Kurtzer-White, Johnson, Topol, (2002); Dalzell, Orlando, MacDonald, Berg, Bradley, Cacace, Campbell, DeCristofaro, Gravel, Greenberg, Gross, Pinheiro, Regan, Spivak, Stevens, Prieve (2000). In actuality this translates into something like **20%-30%** of all infants diagnosed with hearing loss experiencing it in one ear only (Italy, Colorado, Vohr RI). Depending on the criteria used to define hearing loss, by early school age the prevalence of unilateral loss rises to at least 2/1000 children (Matkin) and may be as many as 30 – 56 /1000 (Bess, Niskar). Not all of these children will experience adverse educational affects as evidenced by Colorado's incidence of students with unilateral hearing loss receiving specialized services or accommodations at 1.5/1000 (Colorado Department of Education, 2002 http://www.earfoundationaz.com/files/audiology/PediatricAndEducationalAudiologyRevisited.pdf).

Why is there the need for materials on unilateral hearing loss?

State EHDI programs strive to become more effective in tracking every child who fails newborn hearing screening into diagnosis and resulting in a referral to early intervention. The result of this is hundreds of families of babies with unilateral hearing loss who are seeking assistance to understand what the hearing loss may mean to their child's future and to receive direction on how they can best influence their child's success. Due to the increased in identification of infants with unilateral hearing loss, early intervention service providers who have long experience in serving children who are bilaterally deaf or hard of hearing have struggled with how to appropriately serve these children and their families as their needs are not the same.

SUMMARY OF RESEARCH ON EDUCATIONAL AND BEHAVIORAL AFFECTS OF UNILATERAL HEARING LOSS

Language Delay Language data were gathered from a videotaped parent-child interaction and two parentreport instruments, the Minnesota Child Development Inventory and the MacArthur Communicative Development Inventories for 26 children with unilateral hearing loss. Language data were examined across time and measures for the 15 children who participated in the assessment on multiple occasions. A consistent pattern of language delay was demonstrated by 27% of the children, with an additional 7% presenting with a borderline delay. Thus, approximately 1/3 of young children with unilateral hearing loss can be expected to exhibit language delays by the age of 15-18 months.

Social Issues Children with significant unilateral hearing losses have been identified as experiencing social, emotional and behavioral problems in school (Bess & Tharpe, 1984; Culbertson & Gilbert, 1986; Stein, 1983).When children with unilateral hearing loss were compared with normally hearing children on the Behavior Rating Scale, those with UHL had more negative ratings in the categories of dependence/independence, attention to task, emotional lability, and peer relations/social confidence. The mean percentage of negative ratings was 10.83 for the group with UHL and 4.42 for the group with normal hearing (Culbertson & Gilbert, 1986). Bess and Tharpe (1984) found that approximately 1/5 of children with UHL experienced social issues. In 1998, 6th and 9th graders were found to have greater difficulty functioning on social/emotional domains such as stress, self-esteem, behavior, energy and social support (Bess, Dodd-Murphy, & Parker).

Educational Risk Bess (1982) and his colleagues (Bess & Tharpe, 1984; Bess & Tharpe, 1986; Culbertson & Gilbert, 1986; Klee & Davis-Dansky, 1986) also brought to light the significance of unilateral hearing loss (UHL) and the challenges in the classroom related to hearing loss of greater than 20 dB in one ear. Although differences in language skills and intelligence were not found between those with UHL and normal-hearing children, slightly more behavior problems (e.g., giving up easily on new tasks; attention to task; peer relations/social confidence) were noted for the group with UHL. In 1998, Bess and colleagues found that 5.4% of school-age children whom they examined had minimal sensorineural hearing loss (MSHL), including unilateral loss. Of those children, about 37% had failed a grade in school and an additional 8% were judged not to be performing at grade level. This reflects a failure rate approximately 10 times that of the general school population. The retention rate among students with unilateral hearing loss (UHL) has been found to be 30-37% (Bess & Tharpe, 1986; Oyler, Oyler, & Matkin, 1986). A 2010 study matched 74 six-to-10-yearolds with their normal hearing siblings. They found that for children with unilateral hearing loss, scores on the Oral and Written Language Scales had about a 10-point drop. The oral composite score — which reflects children's ability to understand what is said to them and their ability to respond or express themselves averaged 90 in children with hearing loss in one ear. The study demonstrated the strongest effect from hearing loss in one ear in children who are living below the poverty level or with mothers who have little education. Poverty levels and maternal education levels are well-established influences on language skills, and hearing loss in one ear may increase that effect. (Lieu, Tye-Murray, Karzon, & Piccirillo, 2010). In 2002– 2003, Johnson also conducted a survey of 135 children from Colorado and 20 children from Michigan who had unilateral hearing loss. Data were available from children with unilateral hearing loss from preschool through high school. Percent of children with unilateral hearing loss with passing scores on the Screening Instrument For Targeting Educational Risk (SIFTER) were as follows:

SIFTER content area	% No Service	% 504 Plans	% on IEPs
Academics	71	50	31
Attention	69	70	55
Communication	60	40	28
Class Participation	81	100	55
School Behavior	94	90	76

Amplification A 2010 article (Johnstone, Nabelek, & Robertson) measured the sound localization ability of twelve children with UHL who use a hearing aid in the impaired ear. A hearing aid was found to significantly improve localization acuity in 6-9 year-old children with UHL who were fit prior to age 5 and significantly impaired the localization ability of 10-14 year-old children who were fit with a hearing at age 7 or older. It was concluded that early intervention with amplification may increase the likelihood of bilateral benefit. When unaided, the older children had localization ability that was significantly better than the younger children, however, without the bilateral benefit of amplification, children with UHL will not be able to localize sound as well as their normally-hearing peers. A repeated design study (Kenworthy, Klee, & Tharpe, 1990) of 6 children with UHL found that they experienced the most listening difficulty when speech originated from a midline position. The use of a CROS hearing aid was beneficial when listening to speech at midline, but was detrimental to speech from the side of the better hearing ear. An FM system however, improved listening under all conditions. Wazen et. al, (2003) found that transcranial amplification via a bone-anchored prosthesis (i.e., BAHA) resulted in higher patient satisfaction and better speech intelligibility in noise than a CROS hearing aid. In contrast, there was limited information supporting the use of a boneanchored prosthesis in persons with congenital unilateral aural atresia with inconsistent findings across audiometric measures although a majority of patients felt improved quality of life (Danhauer, Johnson, & Mixon, 2010).

In summary, early amplification of children with UHL has a greater likelihood of resulting in improved localization ability and may also be advantageous in the development of listening in noise, but only if a hearing aid is fit early in life. Further studies are ongoing to establish the degree of expected advantage in localization and speech perception in noise, depending upon age of fitting.

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The following resource is recommended for an overview of issues related to unilateral hearing loss: http://www.cdc.gov/ncbddd/ehdi/documents/unilateralhl/Mild_Uni_2005%20Workshop_Proceedings.pdf

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Resource for Families

Hands & Voices: Unilateral Loss & Family Support http://www.handsandvoices.org/articles/GoOn/V13-2_unifamsupport.htm Unilateral Hearing Loss in Children: Guidance for Parents, ASHA: http://www.asha.org/public/hearing/disorders/UHLchildren.htm

What Families Expect from Audiologists

The diagnostic process is the first step on a long journey for most families, and an imprinting process that sets up in the parent's mind future expectations for the behavior of audiologists and the many other professionals they will deal with on their journey. Ideally the initial interactions with the audiologist (1) will have a component where feelings are acknowledged; and (2) will strive to empower the parents from the beginning as active participants in the habilitation program.

Information Wanted vs. Received by Parents at Hearing Loss Confirmation



Martin, F., George, K., O'Neal, J., & Daley, J. (1987). Audiologist's and parents' attitudes regarding counseling of families of hearing-impaired children. ASHA, 29, 27-33. Sweetow, R., Barrager, D. (1980) Quality of comprehensive audiologic care: A survey of parents of hearing impaired children. American Speech and Hearing Association Journal, 22(10), 841-847.

The information in this section is based on the work of David Luterman (Luterman & Kurtzer-White, 1999; Luterman, 2001. As stated by Luterman, the medical model of presenting information after the diagnosis is not an effective tool, whether it is by committee or by individuals. Parents retain little of the information provided and trust issues between the parents and audiologist result. Instead of retaining much of what is said, they remember unimportant details such as the kind of glasses he or she wore.

A starting point for parents

Parents are typically anxious at the time of the diagnostic appointment. If the child is not being diagnosed with hearing loss at birth, the parents have likely compiled a list of experiences and observations of their child and they need to be allowed a chance to tell their story. It is critical for the audiologist to give them this chance. Client-centered counseling in the diagnostic process begins at this initial contact with the parent. What needs to be established at the outset is the major concern of the parent and the expectations they have of the audiologist. It is important to let them share anything they feel may be important. After they have told their story, enlist them as co-workers, such as "I may be an expert on identifying when a child has a hearing loss, but you are certainly an expert on this child and I need your help."

What do you think? (audiologists):

- 1. Do you provide time for parents to tell their stories?
- 2. Do you enlist the help of parents when doing diagnostic testing?
- 3. What clinical practice routines would need to change for this to happen?

What do you think? (interventionists):

- 1. Do families report being involved in the diagnostic activities?
- 2. Do families seem able to describe how the audiologist diagnosed the hearing loss?

A shift from the white coat expert model

Clinical procedures that separate families from the testing process increase denial because the parents can fantasize about the testing (broken machine, questioning audiologist's skills, etc.). Above all else, the self-report, which enlists the parents as co-diagnosticians, begins the process of empowering the parents. Active involvement of the parents in the diagnostic process diminishes the denial mechanism and strengthens the bond between the audiologist and the parents. Audiologists who deliver the word to the parents in the waiting room are often received with hostility. Parental satisfaction with follow up testing of children who failed newborn hearing screening was a function of parents being enabled as partners in the process and they were invited to be active participants and not passive observers.

What do you think?

- 1. Have you ever dealt with a parent who seemed to deny there was a hearing loss?
- 2. Why did they seem to doubt the diagnosis?

The desired outcome is that the parents take responsibility and are active participants in the educational and hearing loss management practices.

Seven steps for a healthy, collaborative, client-centered diagnostic process

- 1. Allow the family to tell their story: "What brought you here?"
- 2. Enlist the family as co-diagnosticians: "You are the expert on this child and I'll be the expert on the testing."
- 3. Involve the family actively in the test procedure. Engage the family as much as possible in eliciting or scoring responses.
- 4. Have the family participate fully in the diagnosis. Ideally, they will make the diagnosis.
- 5. Empower them by asking: "What do you need to know?" or "How can I be helpful to you right now?" Let them guide you on how much information to provide.
- 6. Listen and respond to the affect (body language, tone of voice). Give the parents a chance to talk about how they feel in an unhurried, caring atmosphere. If there is a time limit, tell the family at the outset: "I have 15 minutes before my next appointment, how can I be helpful to you?"
- 7. Set up another appointment. Do not try to cover everything in one appointment.

Parents as co-diagnosticians

The result of identifying children with hearing loss following a failure at newborn hearing screening allows the family no time to prepare for the shock of the diagnosis. Encourage the parent to be at your side as you introduce the stimuli and look for responses on the ABR or OAE equipment. Once they know in very general terms what you are looking for ask them if they see the waveform decrease as the stimuli intensity is decreased. Their involvement both educates them on the diagnostic process and also provides them little toehold for denial. In corroborative testing in the sound booth have one parent sit with you if possible and enlist his or her help in observing the child's responses. Ideally, the diagnosis will be made together.

- Don't fill silence with information that the parent is not ready to hear – parents ask each question when they are ready for the answer.
- 2. Don't be afraid of tears; allow the parent to recognize that it is okay to feel badly.
- 3. Don't try to cheer up parents by saying their child could have a much worse hearing loss.
- 4. Don't agree with them if they offer an opinion that a unilateral hearing loss will not matter or that their child will probably not experience problems.

Some DOs for right after a diagnosis

- 1. As the test session finishes ask: "What do you need to know?" or " How can I be helpful to you now?"
- It is okay to ask "Can you share with me how you are feeling?" or offer "Some parents at this time feel like they have been hit by a truck" – this is true, even for unilateral and mild hearing loss.
- 3. Listen nonjudgmentally, parents' feelings are to be respected, non minimized.
- 4. It is no use to try to focus their attention on content they cannot absorb. Set up the next appointment within a week.
- 5. Provide the family with a copy of the Unilateral Hearing Loss: What Parents Should Know brochure and let them know that you will answer their questions at the next appointment.
- 6. NOTE: in some clinical settings it is not possible to set up an appointment just to counsel patients. If this is the case, activities that have been specified as occurring in the first appointment after diagnosis can be included in the diagnostic appointment, although it is <u>not</u> recommended.

FIRST AUDIOLOGY APPOINTMENT AFTER DIAGNOSIS

- 1. Share Young Children with Unilateral Hearing Loss: A –AN UNEXPECTED DIAGNOSIS.
- 2. Acknowledge that it is hard when families find out that the perfect baby they dreamed about was born with a problem. Do NOT say that you understand unless you are a parent who has gone through it.
- 3. After providing *Young Children with Unilateral Hearing Loss: A- AN UNEXPECTED DIAGNOSIS* to the family members, sit respectfully silent and wait for them to ask the first question.
- 4. Alternatively, if the family does not speak after 30 seconds or so, acknowledge the idea of having a baby with a hearing loss in one ear is all new to them and ask what questions they would like to talk about first.
- 5. It can be anticipated that the families who received the Unilateral Hearing Loss: What Parents Should Know brochure will be interested in discussing this information.
- 6. At this point inform the family that you will be making a referral to early intervention services so that they can receive more support and information than can be provided just by the audiologist. <u>If</u> <u>you have a brochure from your local early intervention program present it to the family</u> at this time and mention:
 - a. Early intervention is at no cost to parents.
 - b. It is typically provided in the family's home at a time convenient to them.
 - c. Early intervention starts with an evaluation of all of the child's skills sometimes hearing loss occurs in conjunction with one or more other problems and it is good to rule this out or find out about it as early as possible (30-40% of children with hearing loss have additional problems that can affect development). It can take up to 6 weeks for this evaluation to be completed.
 - d. Early intervention teachers can assist families after the evaluation is done and a plan is written. They help families to better understanding the affect of the unilateral hearing loss on language and social development and how they can help their child develop without delays.
- 7. Provide Young Children with Unilateral Hearing Loss: B HEARING DOES NOT ALWAYS STAY THE SAME and spend a few minutes focusing on the portion of the Unilateral Hearing Loss brochure that states that ¼ of children with unilateral hearing loss develop hearing loss in the better hearing ear (does not apply to children with microtia/atresia). Before the family leaves, set up a hearing check appointment for the child to return in 3-4 months.
- Provide Young Children with Unilateral Hearing Loss: C EARS WORK TOGETHER and talk a little bit about the analogy. Quickly follow it up with Young Children with Unilateral Hearing Loss: D – LISTENING CHALLENGES.
- 9. State that hearing loss is invisible and often hard to understand, especially at first. That is why it is important that the family spend time understanding what it means for their child to have a hearing loss.
- 10. Provide the family with Young Children with Unilateral Hearing Loss: E EXPERIENCING UNILATERAL HEARING LOSS and review the information with them. If possible, provide them with one or two sets of ear plugs so they can experience unilateral hearing loss at home.
- 11. Refer to the Unilateral Hearing Loss: What Parents Should Know pamphlet and briefly discuss the problems that hearing in only one ear can cause with language development, behavior and overall success in school. State that you will provide them with more information at the next appointment,

after they have had a chance to experience unilateral hearing loss. The early intervention teacher will also discuss this information and provide strategies for how these problems may be prevented. Emphasize again the importance of receiving early intervention services.

- 12. Finally, share Young Children with Unilateral Hearing Loss: H CONSIDERING HEARING AID USE. It is ideal is to start hearing aid use by age 3 months and no later than 6 months. Provide the following choices to the family:
 - a. Return in 2 weeks for an earmold impression and to further discuss their questions; say that you will share more information with them about the learning issues (handouts F & G) at that time after you have a chance to discuss their experiences listening with a unilateral hearing loss.
 - b. Return after they have had a chance to get more information from early intervention; ideally before the child turns 3 months old. Hearing can be rechecked and use of a hearing aid can be further discussed.
 - c. Some families won't be ready to move forward until after the hearing is checked in 3-4 months with early intervention or anything else. Urge them to follow through on the hearing check as their child may be the 1 in 4 who's hearing changes. Share Young Children with Unilateral Hearing Loss: F POTENTIAL IMPACT ON LANGUAGE LEARNING and G POTENTIAL IMPACT ON BEHAVIOR with the family before they leave.

What do you think?

- 1. Are you aware of any 'veteran' families who had a baby with unilateral hearing loss who may be willing to talk with new families?
- 2. Do you have a Hands & Voices chapter or some other organized parent network that you can call on to help you support these families?
- 3. If the child has one or more other developmental issue would the hearing loss seem as significant? What will you do different if that is the case?

THE FOLLOWING EARLY INTERVENTION VISITS SHOULD OCCUR WITHIN THE FIRST 2-3 MONTHS AFTER DIAGNOSIS

FIRST EARLY INTERVENTION HOME VISIT APPOINTMENT

- 1. Start your home visit by asking families to "tell their story" including describing the diagnostic appointment.
- 2. Share Young Children with Unilateral Hearing Loss: A- AN UNEXPECTED DIAGNOSIS.
- 3. After providing *Young Children with Unilateral Hearing Loss: A* to the family members, sit respectfully silent and wait for them to ask the first question.
- 4. Alternatively, if the family does not speak after 30 seconds or so, acknowledge the idea of having a baby with a hearing loss in one ear is all new to them and ask what questions they would like to talk about first.
- 5. It can be anticipated that the families who received *the Unilateral Hearing Loss: What Parents Should Know* pamphlet will be interested in discussing this information.
- 6. Be prepared to answer questions about language, learning and social delays briefly, stating that you and the family will discuss these issues in depth during future visits. They will understand more about these problems once they better understand the kind of listening problems that hearing loss in one ear causes.
- 7. State that hearing loss is invisible and often hard to understand, especially at first which is why it is important for them to spend time understanding what it means for their child to have a hearing loss.
- 8. Provide Young Children with Unilateral Hearing Loss: C EARS WORK TOGETHER and talk a little bit about the analogy.
- 9. State that hearing loss is invisible and often hard to understand, especially at first. That is why it is important that the family spend time understanding what it means for their child to have a hearing loss. The best teacher is experience. Provide the family with *Young Children with Unilateral Hearing Loss: E EXPERIENCING UNILATERAL HEARING LOSS*. If possible, provide them with one or two sets of ear plugs. Emphasize that this is very important so that they can best understand their child's needs in the future and how they as a family can help their child. Let them know that you will discuss their thoughts from these experiences at the next visit.
- 10. Refer to the *Unilateral Hearing Loss: What Parents Should Know* pamphlet and briefly discuss the problems that hearing in only one ear can cause with language development, behavior and overall success in school. State that you will provide them with more information during your future home visits. The information may have more meaning to them after they have had a chance to experience unilateral hearing loss.
- 11. Before you leave, emphasize the importance of returning to the audiologist for the hearing recheck within 3-4 months. If the family does not seem to be familiar with the need for this appointment share Young Children with Unilateral Hearing Loss: B HEARING DOES NOT ALWAYS STAY THE SAME with them. Offer to contact the audiologist to discuss the child's hearing. Let the family know that the information about the affects of unilateral hearing loss on learning are still new and some doctors and audiologists are not fully aware of the importance of acting early.

What do you think?

• There are many different cultural nuances to understanding, belief and acceptance of a hearing loss. Based on the cultural backgrounds of the populations you serve, how may you need to adjust any or all of these family information materials?

SECTION 3 - MAKING THE CASE THAT UNILATERAL HEARING LOSS IS SIGNIFICANT TO LISTENING

SECOND EARLY INTERVENTION HOME VISIT APPOINTMENT

- 1. Start by asking if there are any questions or information they want to be sure to cover during the visit. You can choose to rearrange the topics below based on their level of concern and interest.
- 2. Begin with referring to the analogy of the ½ foot in Young Children with Unilateral Hearing Loss: C EARS WORK TOGETHER. State that analogies can help understanding but are not perfect. Just as our two feet work together so that we can walk smoothly on many kinds of smooth or rugged surfaces our two ears work together to help us listen in challenging situations. Ask the families what they think "rugged terrain" would be for listening. When is it most challenging to listen even with two good hearing ears? As a prompt you could say: Think of times when you are with other people, or are in different places where you really wanted to hear someone and it was difficult.
- 3. Family members will likely come up with noisy listening situations or when speech is distant. Those who have already experienced mild unilateral hearing loss should be encouraged to share their experiences at this time. If this is the case, discuss at length the challenges listening to soft speech, in distance, noise, and when distracted. Then share *Young Children with Unilateral Hearing Loss: D LISTENING CHALLENGES*.
- 4. If the family members have not taken the time to experience unilateral hearing loss encourage them to think about challenging listening situations. Acknowledge that the scenarios they come up with are exactly right. State that the affects of one foot that does not work as well as the other foot would cause some problems. Can they think of when that would be? Now urge them to think of hearing. What kinds of situations would it be more difficult if you had problem hearing everything well? Share Young Children with Unilateral Hearing Loss: D LISTENING CHALLENGES.
- 5. Take the time to work with family members and go through some of the listening activities on Young Children with Unilateral Hearing Loss: E EXPERIENCING UNILATERAL HEARING LOSS. Be sure to demonstrate listening to the activities in the table on handout E as these are activities from the Early Listening Function (ELF) test that you will soon doing with the family to discover the child's listening bubble. It is important to have the reference of the listening bubble of the family members for different activities before doing the ELF activities with the child.
- 6. If the family has already experienced unilateral hearing loss, talk to them specifically about the ELF activities in the table and try to get them to describe their abilities to listen at a distance and then relate that to the concept of the listening bubble.
- 7. Be sure to talk at length about the concept of balanced hearing and how two ears work together. This is an important point for families of children with aidable residual hearing in their poor hearing ear to recognize as they consider trying a hearing aid. At this point do not bring up a hearing aid unless the family does. Give them more time to learn and integrate this new information with what they had dreamed about their child before he or she was born.
- Provide Young Children with Unilateral Hearing Loss: I LISTENING FROM A DISTANCE and J LISTENING IN BACKGROUND NOISE. Link the concept of listening to proximity (listening bubble), interest and opportunity to hear meaningful speech.
- 9. Show the ELF to the family. Review the parent introduction information and the instructions. Answer any questions they may have about the activities. If needed, demonstrate with the parent how to watch to see if the child responded to a sound. Take turns if needed.
- 10. Emphasize that because the child does hear out of one ear normally that many of the loud and closer sounds will be heard easily. Having a unilateral hearing loss means subtle things can be missed often, depending on which ear is facing noise or the person speaking. You will be talking more to them at future home visits about the affects of missing even parts of what is said.
- 11. Ask the family members to try to do some of the ELF activities. You will look forward to hearing what they learned and can help them do any remaining activities. Remind them that they have language already and can 'guess' when they only partially hear something.

THIRD EARLY INTERVENTION HOME VISIT APPOINTMENT

- 1. Start by asking if there are any questions or information they want to be sure to cover during the visit. You can choose to rearrange the topics below based on their level of concern and interest.
- 2. Review the family's ELF findings and/or collaborate with the family to identify the child's responses to the different ELF sounds. It is not important to do ALL of the sounds at EVERY distance. It is suggested that listening at 10 feet (across a large room) and 15+ feet (next room) be focused on and the affect of background noise be clearly demonstrated.
- 3. Relate results to the concept of the listening bubble and how near the adults should be if they expect their child to really hear them under different circumstances, like the car, outside, shopping, etc. Reinforce the concept of Language is Caught, Not Taught as you discuss the listening bubble.
- 4. Share the following handouts: Young Children with Unilateral Hearing Loss: F POTENTIAL IMPACT ON LANGUAGE LEARNING and G POTENTIAL IMPACT ON BEHAVIOR.
- 5. Now that the family has experienced unilateral hearing loss and discovered how their child's listening may be affected it is time to talk about what this means to learning. At this visit you will just introduce the ideas of language development and social or behavioral implications. You will spend future home visits helping the family understand strategies they can use during everyday activities that can help the child's language and social development.
- 6. Share Young Children with Unilateral Hearing Loss: H CONSIDERING HEARING AID USE. Discuss the advantages of 'balanced hearing' (NOTE: children who have a severe-profound hearing loss often do not have enough residual hearing to achieve 'balanced hearing'). Review handouts I and J on listening at a distance and in background noise and how balanced hearing would be helpful. Answer any questions they may have about amplification use. Assure them that you will be readily available to help them learn how to use the hearing aid. Discuss what you and the family could look for to see if the hearing aid is helping the child. Offer to contact the audiologist if there was no mention made to the family about using amplification.
- 7. If the family has not been in contact with another 'veteran family' of a child with unilateral hearing loss offer to facilitate that contact. Parents feel many different things when they think about their child wearing a hearing aid and it can be helpful to discuss these thoughts and concerns with another family that has gone through these experiences.
- 8. If a family chooses to try amplification, at least one home visit will be dedicated to supporting use.

What do you think?

- How does the 'discovery process' help families better understand their child's hearing needs?
- What is powerful about the concept of the listening bubble?
- As you work with families to help them understand the affects of the hearing loss, how are you empowering them so that they are better advocates and able to "face the world's questions"?

EARLY INTERVENTION HOME VISIT APPOINTMENT DEDICATED TO USE OF A NEW HEARING AID

- 1. Start by asking if there are any questions or information they want to be sure to cover during the visit. You can choose to rearrange the topics below based on their level of concern and interest.
- When a family has chosen to try a hearing aid it is likely that at least one home visit will be dedicated to instructing them in earmold insertion, hearing aid monitoring including the Ling 6 Sound Test, and coaching them on times that they can tune in to observe the benefit of the hearing aid.
- 3. After the child has had the hearing aid two or three weeks he or she should be wearing it most waking hours. At this point repeat the *Early Listening Function (ELF)* activities with them to see if there has been any change in the size of the listening bubble or other observable benefits. Provide the family with the *Early Listening Function Infant and Young Child Amplification Use Checklist*.

Parents circle 1-5 scale: Agree, No Change, or Disagree My child appears to:

- 1. Be more aware of my voice
- 2. Be more aware of environmental sounds
- 3. Search more readily for the location of my voice
- 4. Have an increased amount of babbling or talking
- 5. Have more interest in communicating

During ELF listening activities, the size of my child's listening bubble:

- 1. Has improved for quiet sounds voices
- 2. Has improved for typical sounds and voices
- 3. Has improved for loud sounds and voices
- 4. Has improved for listening in background noise

Describe specific situations when you noticed improvements in listening ability:

4. It is important that the family share their observations on the validity of the hearing aid fitting and its benefit with the audiologist before the end of the first 30 days (some audiologists may provide a 60-day trial period).

What do you think?

- Have you asked families what their biggest fears or concerns are about their child wearing a hearing aid? What do you think they would say?
- How can the analogy be used to help them understand the importance? The ear plug experience?
- How are you empowering families so that they are able to "face the world's questions"?

SECTION 4 – DEVELOPING EFFECTIVE INTERACTION SKILLS IN EVERYDAY ACTIVITIES

FOURTH AND FIFTH EARLY INTERVENTION HOME VISIT APPOINTMENTS

- 1. Start by asking if there are any questions or information they want to be sure to cover during the visit. You can choose to rearrange the topics below based on their level of concern and interest.
- 2. Help the family check the hearing aid and discuss any issues with daily wear.
- 3. Call the family's attention to Young Children with Unilateral Hearing Loss: F POTENTIAL IMPACT ON LANGUAGE LEARNING. Say that you will be talking more with them during this home visit about 'keeping the language teacup full.'
- 4. To get across the importance of quantity of language used share *Young Children with Unilateral Hearing Loss: LANGUAGE EVERYDAY AND EVERYWHERE.*
- 5. The early intervention teacher or speech language pathologist can then use their customary materials for helping families learn about communication strategies such as:
 - a. SKI-HI Curriculum (<u>http://hopepubl.com/proddetail.php?prod=103</u>)
 - b. Hanen Program (http://www.hanen.org/web/Home/HanenPrograms/ItTakesTwoToTalk/tabid/76/Default.aspx)
 - c. Abecedarian Curriculum (<u>http://www.kidsgrowth.com/resources/articledetail.cfm?id=992</u>)
- 6. It may be helpful to families to share the handout *Sequence of Development for Infants and Toddlers: Auditory, Language, and Speech* from the Appendices section.
- 7. The early intervention teacher or speech language pathologist can then use their customary materials for helping families learn to foster early literacy skills such as:
 - a. Gallaudet Shared Reading Project (<u>http://clerccenter.gallaudet.edu/Clerc_Center/Information_and_Resources/Info_to_Go/Language_a</u> nd_Literacy/Literacy_at_the_Clerc_Center/Welcome_to_Shared_Reading_Project.html)
 - b. Early Literacy Fun CD (<u>http://hopepubl.com/proddetail.php?prod=296</u>)
 - c. Initiatives through your local library or state initiative like Iowa's (<u>http://www.ilsa.lib.ia.us/ECL/awareness.htm</u>)
- The early intervention teacher or speech language pathologist can share information on the importance of music to the children's development of auditory processing abilities (i.e., <u>(Ho, Cheung</u> <u>& Chan, 2003 in her article Auditory-Processing Malleability: Focus on Language and Music pp. 106)</u> and <u>Parbery-Clark A, Skoe E, Lam C, Kraus N. (2009) Musician enhancement for speech in noise. Ear</u> <u>and Hearing 30(6): 653-661.)</u> or see Nina Kraus research at <u>http://www.soc.northwestern.edu/brainvolts/</u>
- Introduce the concept of monitoring the child's language development to the family. Provide them with a list of words, such as those found on the MacArthur Communication Development Inventories Checklists (<u>http://www.kandersonaudconsulting.com/Early_Intervention.html</u>) and encourage them to hang the list on the refrigerator.
- 10. Communication monitoring should occur at least at 6 months intervals, starting at 9 months of age. Remind the parents that children with unilateral hearing loss who end up with language delays often do not have problems until they reach 15-18 months old.

SECTION 5 – ADDRESSING BEHAVIOR AND SOCIAL DEVELOPMENT

Social interactions that assist in learning increase a child's level of thinking as well as developing their knowledge, values, and attitudes. In his theory of cognitive socialization, Vygotsky believed that learning was dependent on sharing through language and continual cooperation among learners. Social skills are needed not only for developing friendships, but as a modality for cooperative interaction and learning in small and large groups. Social skills help children become independent, productive adults. Vygotsky postulated that cognitive development and language are shaped by a person's interaction with others.

Social skills include:

- Rules of conversation
- Responding to social cues
- Making eye contact
- Smiling
- Saying hello and goodbye
- Being polite
- Cooperating by taking turns
- Responding appropriately to questions
- Being sensitive to the feelings of others
- Problem solving
- Supporting others by giving them attention and helping
- Having interesting things to say
- Reinforcing and acknowledging other's comments
- Controlling aggression and other inappropriate behaviors

How do we learn 'rules of behavior'?

Think about it – how do we learn to not touch something that is hot? A parent tells us not to touch, shows us what 'hot' means, and repeats it often. Children need to know the expectations, why it is wrong (hurt, dirty, impolite, mean), and to be praised when they are behaving well. Children can also learn by overhearing when another child is scolded or warned.

Children with unilateral hearing loss

Children with typical hearing in only one ear may miss early warnings (Don't touch it Marie). They may need more explanation or more times in which <u>expectations</u> are explained (*plants grow in dirt, dirt is messy, plants can be hurt if you pull on them, sometimes leaves are sharp, etc.*). They may not learn by example as quickly as children with two typically hearing ears. For example, the child may see another child warned or scolded but missed what the child did or said, so was unable to learn through that example. Warnings should be given in situations when the child is close, when there is no background noise, and when the child is paying attention. If another child is being warned or scolded the reason why should be made clear to the child with one hearing ear. Explain again and again – the why of expectations (*this builds language too!*). Make sure your child really heard *and understood* the warning before a child is punished. Children in 'rugged listening conditions' often miss subtle social exchanges. They may hear two children close by speaking, look up and see the other children looking at him. The child who wasn't able to catch part of what the others were saying may think that he was being talked about. He may feel self-conscious or even angry. Social scenarios should be role played.

Information about early social skills and warning signs have been included in the *Materials for Families*. Vygotsky, L.S. (1978). Mind and society: The development of higher mental processes. Cambridge, MA: Harvard University Press.

SECTION 6 – PREPARING FOR SCHOOL SUCCESS

Even children who have age appropriate language and typical behavior will still be at a disadvantage when it is time to start school.

Classrooms for young children are typically active and noisy places where the teacher is often across the room.

Families should consider how much of a challenge their child has functioning in noisy, active environments. Parents can identify situations in which their child may be having more trouble listening. These situations can be useful to identify as the parents start thinking about preschool or kindergarten. A child who has challenges at home in noise and at a distance is likely to in school as well. One way that families can consider how a child is functioning in different listening situations is to complete the *Children's Home Inventory of Listening Difficulties (CHILD)* test. There are 15 different listening situations and families rate how well they think their child is able to listen and understand in each setting. The CHILD is for children ages 3 years to approximately 12 years (young child must be playing with others, not parallel play). There is an Understand-O-Meter that helps to define how well a child is able to comprehend. There are two forms to the *CHILD*, one in which the parent completes the items and a form in which children ages 7-8+ complete items. The findings can be used as a means to discuss FM use in the home, assistive devices, and beneficial changes in family communication dynamics. Obtain the CHILD test at:

http://www.kandersonaudconsulting.com/uploads/child_questionnaire.pdf

If the child has language and other skill development within the normal range by school age the family can take it as an indication that their helping him or her as a young child was successful! Only children that demonstrate 'adverse educational affect' will be eligible for specialized instruction (special education) services as deaf or hard of hearing. As a child with normal hearing in only one ear, he or she will be at a learning disadvantage throughout the school years. This is a 'limitation to a life skill' that will usually make the child eligible to be considered for accommodations in the classroom. This can include special seating, amplification, and other daily supports. For more information refer to the unilateral hearing loss handout at: http://www.kandersonaudconsulting.com/Listening_and_Learning.html

Summary

- The child has a hearing loss that will affect him throughout his life.
- The child's hearing may change.
- Try amplification as early as possible!
- Without early assistance your child may develop language delay and/or social or behavioral issues.
- Children with unilateral hearing loss are at 10 times the risk for school problems.
- Get help from early intervention ASAP!
- Monitor language growth regularly.
- Plan for your child's transition to school.

Section 7:

Your Child with Hearing Loss in One Ear:

What does it mean to grow up with unilateral hearing loss? What can you do to help him/her now? Preparing for school success

Materials to share with families

- A. AN UNEXPECTED DIAGNOSIS
- B. HEARING DOES NOT ALWAYS STAY THE SAME
- C. EARS WORK TOGETHER
- D. LISTENING CHALLENGES
- E. EXPERIENCING UNILATERAL HEARING LOSS
- F. POTENTIAL IMPACT ON LANGUAGE LEARNING
- G. POTENTIAL IMPACT ON BEHAVIOR
- H. CONSIDERING HEARING AID USE
- I. LISTENING FROM A DISTANCE
- J. LISTENING IN BACKGROUND NOISE
- K. LANGUAGE EVERYDAY AND EVERYWHERE

SIGNS OF SOCIAL AND EMOTIONAL WELL-BEING FOR INFANTS, TODDLERS AND PRESCHOOLERS

WARNING SIGNS FOR POTENTIAL SOCIAL-EMOTIONAL CONCERN

Young Children with Unilateral Hearing Loss: A – AN UNEXPECTED DIAGNOSIS



Having a child with a hearing loss in one ear is still very new to you.

What questions do you have? What would you like to talk about first?

Young Children with Unilateral Hearing Loss: B – HEARING DOES NOT ALWAYS STAY THE SAME



We cannot predict which children with unilateral hearing loss will develop permanent hearing loss in their better hearing ear. A minority of children with hearing in only one ear has an ear deformity and this possibility of hearing loss developing in the better hearing ear does not seem to apply to them. If your child has two ears that look perfect he or she has a 1 in 4 chance of developing hearing loss in BOTH ears. Only repeated testing during the first 2-3 years of life will identify if your child will be one who has hearing that changes.

What to do:

Changes in permanent hearing loss:

1. Return to the audiologist for a hearing check-up every 3-4 months until the child is 3 years old or the audiologist says that testing this often is no longer necessary. Next appointment _____

Ear infections:

2. About 1 child in every 6 children has serious problems with recurring ear infections before they start school. Fluctuating hearing loss – or hearing loss that comes and goes – happens hand in hand with ear problems. Because your child relies on one ear, this inconsistent hearing may have a much greater affect on their listening and eventual learning. If you think your child may have an ear infection seek medical care promptly!

Noise induced hearing loss:

3. Prevention is job #1. Keep your child away from noisy settings. If he or she must be there (i.e., family celebration with fireworks) be sure that the child wears ear plugs.

Young Children with Unilateral Hearing Loss: C – EARS WORK TOGETHER



Analogies can help understanding but are not perfect.

What do you think "rugged terrain" would be for listening?

When is it most challenging to listen, even with 2 ears?

When one foot does not work as well as the other foot there would be times when a child may have some problems. Can you think of when that would be?

Now think of hearing. What kinds of situations would it be more difficult if you had problem hearing everything well?



Listen carefully. What can you hear right now? How 'far' can you hear?

What would be the size of your Listening Bubble right now?

What do you think would happen if there was quiet? Background noise?

Young Children with Unilateral Hearing Loss: E – EXPERIENCING UNILATERAL HEARING LOSS

You need to experience hearing loss in only one ear yourself

- Buy foam ear plugs at the hardware or drug department of a large store.
- Be sure to insert it correctly so it causes a mild (30-35 dB) hearing loss.
- Be ready to record your thoughts as you try the different activities.
- Make a commitment to yourself to wear one earplug for at least 3 hours.

Activities to take turns doing with one or more people in your 3 hours:

- 1. Spend time talking quietly with someone with the television on in the background.
- 2. Use some of the listening activities below from another room or from across a large room

QUIET Activities	TYPICAL Loudness Activities	LOUD Activities
Whispered voice	Water running full on	"moo, moo" in loud voice
Rubbing palms together briskly	Song (Mary had a little lamb)	Loud door knock (knuckles)
Quiet clucking tongue	Clapping hands, quiet applause	Clacking spoons on hand
"buh buh buh" said quietly	"ship, ship, ship" said normally	Hit fry pan with metal spoon

a. when you are not looking at the other person

- b. when you are reading or doing something you really enjoy or that interests you
- c. in quiet
- d. when there is background noise.
- 3. Listen to a TV show or radio show don't turn up the volume.
- 4. Have a conversation sitting close with no background noise.
- 5. Talk in the car with your 'bad ear' toward the person speaking while driving
- 6. Talk to someone outside at a distance.

Your thoughts and reactions: (Think in terms of Listening Bubble size)

What was your amount of effort to understand all speech in

Quiet
Across room
Another room
Noise (TV)
Sounds that were harder to hear
In car
Outside distance
How much <u>effort</u> did it take you to listen?
How did background noise affect your ability to <u>pay attention</u> and easily <u>understand</u> what was said?
What was the difference between having a conversation within a few feet and from across the room, outside or in the car?
Other thoughts?
Remember - you already have developed language and have the ability to 'fill in the blanks' if you miss n

Remember – you already have developed language and have the ability to 'fill in the blanks' if you miss part of a word. Your child is still developing language and does not have this same ability to "guess".

Young Children with Unilateral Hearing Loss: F - POTENTIAL IMPACT ON LANGUAGE LEARNING



⁻amilies working with early intervention teachers learn how to "grow the language garden" while they play and take care of their child everyday

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Young Children with Unilateral Hearing Loss: G – POTENTIAL IMPACT ON BEHAVIOR

Potential behavior & social issues



Children with unilateral hearing loss may find it hard to hear directions and soft speech. That can lead to frustration and poor behavior. One out of five children develop behavior

As children get older they may think that other people are talking about them when they really just

or social issues.

did not hear what was said, especially by peers.

Background noise scenario

- Mama is doing dishes and the television is on. Marie is on the kitchen floor playing with containers and a spoon. Mama tells Marie to play with the dishes.
- Marie soon stops playing and crawls away toward a house plant. Mama tells her to not touch. Marie pulls the plant. Mama rushes over and tells her she is a bad girl.
- Marie tuned out in background noise. She had no warning before seeing Mama mad.

Fair chances to good behavior

- Warnings should be given in close, no background noise, when the child is paying attention
- If another child is being warned or scolded the reason why should be made clear to the child with one hearing ear
- Explain again and again the why of expectations (this builds language too!)
- Make sure your child really heard and understood the warning before you punish

How we learn 'rules of behavior'

- Think about it how did you learn to not touch something that is hot?
- A parent told you to not touch, showed you what 'hot' meant, and repeated it often.
- Children need to know the expectations, why it is wrong (hurt, dirty, impolite, mean), and to be praised when they are behaving well.
- They also can learn by overhearing when another child is scolded or warned.

Learning to behave with 1 ear

Children may:

- Miss early warnings (don't touch it Marie)
- Need more explanation or more times in which expectations are explained (plants grow in dirt, dirt is messy, plants can be hurt if you pull on them, sometimes *leaves are sharp, etc)*
- Not learn by example as quickly (see another child warned or scolded but missed what the child did or said)

Those subtle social rules

Children in 'rugged listening conditions' often miss subtle social exchanges.

May hear 2 children close by speaking. When the child looks up he sees the other children looking at him. The child who wasn't able to catch part of what the others were saying may think that he was being talked about. He may feel self-conscious or even angry.

Social scenarios should be role played.

Families working with early intervention teachers learn how to reinforce and shape appropriate behavior while they play and take care of their child during every day activities.

The scenario above hints at how children with unilateral hearing loss can seem to misbehave when they actually did not realize that they were doing something wrong. Your early intervention teacher can share interaction strategies with families that may assist in behavior management and result in children who find their world predictable and feel good about themselves.

WHAT TO DO A hearing aid – but he hears fine in one ear!!! Try a hearing aid. If your child has hearing in Think back to our analogy with the child who was born with $\frac{1}{2}$ foot. If there was a the worse ear (i.e., thresholds between 35 prosthesis (like a strap on foot) that - 75 dB) then it may be possible for a would allow the child to walk gracefully hearing aid to 'balance out' the child's hearing ability - meaning provide near with a normal gait, to run similar to, but normal hearing in the poor hearing ear. maybe not as fast, as other children -Amplification could help with sound location would it make sense for the child to use and listening in noise! it? Would it help him as he is learning to walk? Would it help him fit in better when Children who are deaf in one ear may have too much loss to cause improvement. playing with other children because he could keep up more easily? Parent comments on hearing aid use Try it and see.... Other parents of children with unilateral hearing Adults report that "balanced" hearing loss have tried hearing aids and said: improves ease of listening, results in less · He doesn't talk so loud when wearing his aid. strenuous conversations and improved · He was missing one half of everything before he incidental listening and learning. got his aid. A hearing aid doesn't always help every He hears sounds he never heard before. child with unilateral hearing loss. Doesn't interrupt people in group situations now. The only way to tell is to try a hearing aid It is a very positive thing. and watch for improved listening – the Audiologists and doctors say children with only difference may be subtle but important! one good hearing ear will be fine—they are not fine! How soon should we try a hearing aid? Another thought about hearing aid use The earlier a child tries Brains develop due to constant stimulation. amplification and gets With 1/4 of children potentially developing used to 'balanced hearing loss in both ears, early hearing' the easier it stimulation of the poor hearing ear may will be for him or her to end up making a real difference in the adjust to hearing with child's ability to compensate if all or most both ears and want to hearing is lost in both ears. wear the hearing aid Think of it as 'keeping an ear in all the time. reserve' if the worst happens (and it may!).

If your child has two perfect ears no one will know about the hearing loss unless you tell them. If he or she wears a hearing aid then everyone will see that your child is not perfect. Most people do not understand that a hearing loss in one ear can cause significant learning problems in about ½ of these children but you know that "he will get by just fine" may not be true at all for your child. YOUR Choices are:

a. Do what you can to help prevent listening, learning and social problems by allowing your child to hear his or her best – every day, in every situation. He has a *right* to hear and to learn like other children.

b. Hope that he will get by, realizing that language, self esteem, and behavior are likely to be affected by the hearing loss. Will he still "be all that he can be"? Probably not, but maybe that is acceptable to you. c. Wait and see if he will be affected, even though this will lose learning time that can never be made up.

Children who wait to get hearing aid(s) until closer to school age typically do not adjust very well (see b).



Your child has the advantage of having one good hearing ear. He or she is also at the disadvantage of having hearing loss in the other ear that makes it harder to tune in over a distance. Families need to be aware of the need to be closer to the child if you expect him or her to <u>really</u> hear you. Make use of every opportunity to provide your child with rich language that describes what he or she is interested in. Your early intervention teacher will help you learn more about how to do this during everyday activities.

Young Children with Unilateral Hearing Loss: J – LISTENING IN BACKGROUND NOISE

Hearing 'through' noise

People have 2 ears to help them locate sound and also to help listen in noise.

Without even being aware of it we use both ears when we are listening in noise by pointing one ear a bit more to the person we are trying to listen to and the other ear a bit more toward the noise. Our heads actually help to block out a bit of the noise so the one ear can 'tune in' better to the speaker or preferred sound.

Background noise - scenario 1

Mama is doing dishes and Marie is on the kitchen floor playing with plastic containers and a large wooden spoon.

Except for when she is running water, mama talks about the big dish and the little dish; the red top and the green top; the spoon going bang, bang - providing the language that describes what Marie is interested in at the moment.

Listening in noise with one ear

Children with only one normal hearing ear have greater difficulty locating where sounds are coming from and understanding speech or recognizing sounds when there is competing noise.

Children with one hearing ear will need <u>more time</u> to locate sounds and it will take <u>more effort</u> to focus on sounds in background noise. They are more likely to 'tune out' in noise.

Background noise scenario 2

Mama is doing dishes and Marie is on the kitchen floor playing with plastic containers and a large wooden spoon.

Mama is running water, and the television is on. Mama tells Marie to play.

Marie stops playing in a few minutes and Mama wonders why she bothered getting out things for Marie to play with.

Background noise scenario - 3

Mama is doing dishes and the television is on. Marie is on the kitchen floor playing with containers and a spoon. Mama tells Marie to play with the dishes.

- Marie soon stops playing and crawls away toward a house plant. Mama tells her to not touch. Marie pulls the plant. Mama rushes over and tells her she is a bad girl.
- Marie tuned out in background noise. She had no warning before seeing Mama mad.

Potential for many missed language opportunities over time

- Picture a child learning language as a cup that family members fill up drop by drop, spoon by spoon every day.
- With every drop and spoonful a child has the potential to 'catch' new words.
- EVERY DAY children with only one good hearing ear will miss part of the language that is said around them
- Children exposed to many words will be less affected by missing some.

LANGUAGE IS CAUGHT, NOT TAUGHT!

With a unilateral hearing loss background noise and distance are barriers to children 'catching' all the language that occurs around them. Children learn much of what they know from over hearing other people talking or attaching a new word and concept together. Picture your child seeing a brown truck, hearing a knock on the door, and then a seeing a package that is for them – suddenly 'truck' or 'UPS' or 'present' has real meaning! This is called incidental learning. Language needs to 1) be in the child's listening bubble, 2) be of interest to the child, 3) interactive and meaningful if a child is going to learn new words and concepts. Your early intervention teacher will help you learn more about how you can easily do this during every day activities.

Young Children with Unilateral Hearing Loss: K - LANGUAGE EVERYDAY AND EVERYWHERE

30 Million Word Gap

1995: Betty Hart and Todd Risley spent 2 1/2 years intensely observing the language of 42 families through out Kansas City. They looked at household language use by 1) professional families; 2) working class; 3) welfare families. They gathered an enormous amount of data during the study finding <u>a 30 million word gap</u> between the vocabularies of welfare and professional families by age three.

http://archive.aft.org/pubs-reports/american_educator/spring2003/catastrophe.html

30 Million Word Gap

Welfare children heard, on average, 616 words per hour, while children of college educated parents heard 2153 words per hour. Research in the following years found <u>a high correlation between vocabulary size</u> at age 3 and language test scores at ages 9 and 10 in vocabulary, listening, syntax, and reading comprehension.

http://archive.aft.org/pubs-reports/american_educator/spring2003/catastrophe.html

More language used, more language learned!

Families Language and Use Differ Across income Groups						
		Families				
	Professional Working-class V		Wel	<u>fare</u>		
Measures & Scores	Parent	Child	Parent	Child	Parent	Child
Recorded vocabulary size	2,176	1,116	1,498	749	974	525
Average utterances per hour	487	310	301	223	176	168
Average different words per hour	382	297	251	216	167	149

Hart & Risley, 1995; 30 million word gap between professional & welfare by age 3.

20,000 hours of listening

- To learn to read, children's brains need to engage in about 20,000 hours (5+ years) of listening.
- Constant listening attention allows children to contrast sounds with one another.
- All of this input is needed before the brain makes the connection between the sounds to corresponding letters of the alphabet.

The HEARING – LISTENING – READING Connection

Without those 20,000 hours of listening children are less ready to read at the same rate as other children their age – and they <u>may never catch up</u>.

The HEARING – LISTENING – READING connection is important to your child's future. Keeping the 'language teacup full' and reading, rhyming, singing to him or her everyday will make a difference!

ANY FAMILY CAN DO IT! EVERYDAY YOUR CHILD NEEDS YOU TO:

- Talk about what he is interested in giving him the words the go with his exploration of the world.
- Talk about everyday happenings, activities, questions, problem solving, planning ahead, I wonder....
- Read young children love the same books again and again.
- Say rhymes, focus on letter sounds (big blue ball, buh, buh, buh), sing songs

Signs of social and emotional well-being for infants, toddlers and preschoolers

From Center on the Social and Emotional Foundations for Early Learning http://csefel.uiuc.edu

Infant/Toddler

From birth to age 3 months

Looks at faces Listens to voices Quiets when picked up (the majority of the time) Cries, smiles and coos

From 3 to 6 months Parent or Caregiver

Gives warm smiles and laughs Cries when upset, and seeks comfort Can be comforted (the majority of the time) Likes to look at and be near special person(s) Shows excitement by waving arms and legs

From 6 to 9 months Parent or Caregiver

Plays games like "patty cake" Responds to own name Enjoys a daily routine and transitions from situation to situation with relative ease and needs May get upset when separated from familiar person(s) Unsure of strangers May comfort self by sucking thumb or holding special toy or blanket

From 9 to 12 months

Able to be happy, mad and sad Shows feelings by smiling, crying, pointing Has a special relationship with parents and caregivers Is curious about playthings Imitates others Enjoys books Trusts that needs will be met

From 12 to 18 months

Safe and secure in loving relationships Curious about people Explores with enthusiasm Bold and confident Says "mama," "dada," and up to eight additional words (and some two-word sentences) by 18 months Uses words for feelings: happy, sad, mad Responds to changes in daily routine

From 18 to 24 months

Laughs out loud Loving toward others Plays beside other children Enthusiastic Protests and says "No!" Curious and likes to explore people, places and things Enjoys books, stories and songs

From 24 to 30 months

Uses words to communicate Playful with others May be shy in unfamiliar places Likes people Uses pretend play Smiles and laughs Enjoys lots of different books and simple games

Recommended Actions

Parent or Caregiver

Looks lovingly at babyListTalks and sings to babyOffeTouches baby gentlyHolPicks up and soothes crying babyReads with baby

Listens to baby Offers a warm smile Holds and cuddles baby baby

Holds baby when feeding Shares baby's smiles and laughter Notices and pays attention to baby Responds to baby's cries and coos Holds and reads to baby Plays lovingly with baby

Takes pleasure in games with baby Talks to baby in gentle voice Is predictable and consistent Watches and knows what baby wants Reads with baby Sings songs and says nursery rhymes to baby

Parent or Caregiver

Names feelings like happy, mad, sad Is available, responsive, gentle and protective of baby Talks, sings songs and says rhymes to baby Encourages baby to explore Reads books with baby

Parent or Caregiver

Offers safe and trusting relationship Shows interest in toddler Is loving toward toddler Talks, listens and responds to toddler Reads, sings songs and plays with toddler Uses words to tell toddler "what comes next"

Parent or Caregiver

Shares in toddler's laughter Loving toward toddler Encourages curiosity Celebrates what toddler does Sets limits that are firm, fair and consistent Responds evenly and respectfully with toddler Reads, talks, listens, plays and sings to toddler

Parent or Caregiver

Talks to toddler and uses words for feelings Supports toddler's play Helps toddler feel comfortable Enjoys toddler and plays simple games Encourages imaginary play Reads to toddler every day Praises and encourages toddler

From 30 to 36 months Able to play independently Easily separates from primary caregivers in familiar places Begins to share with others without difficulty Shows feelings for others Expresses many feelings: sad, happy, frightened, angry Enjoys books and games

Parent or Caregiver

Encourages toddler to play independently Helps toddler to separate Helps toddler to share with others Helps toddler to use words for feelings Listens and responds to toddler's feelings Disciplines positively and consistently Tells stories, reads and encourages pretend play

Warning signs for potential social-emotional concern

From Center on the Social and Emotional Foundations for Early Learning <u>http://csefel.uiuc.edu</u>

Parents and other caregivers will need information, consultation and referral if the infant ...

- Resists holding
- Is difficult to comfort or console; has prolonged inconsolable crying
- Has sleeping or eating difficulties (sleeps or eats too much or too little)
- Is failing to thrive
- Rarely seeks or makes eye contact, or typically avoids eye contact with parents
- Appears unresponsive to efforts to interact or engage
- Rarely coos, babbles or vocalizes
- Has limited ability to regulate emotions

Parents and other caregivers will need information, consultation and referral if the toddler or preschooler ...

- Shows little preference for or excessive dependence on the parent(s) or other primary caregiver
- Does not show any apprehension about strangers
- Appears excessively irritable or fearful
- Has an inappropriate or limited ability to express feelings
- Lacks interest or curiosity about people or playthings
- Fails to explore his or her environment
- Often appears sad and withdrawn
- Has inappropriate sexual behavior
- Has inappropriate impulsive or aggressive behavior
- Has excessive fears that do not respond to reassurance
- Experiences frequent night terrors
- Has extreme and frequent tantrums
- Experiences significant language delays
- Exhibits unusual need for order or cleanliness

APPENDICES

• Unilateral Hearing Loss: What Parents Should Know pamphlet



Generic Unilateral HL brochure (2).pdf

- Schedule of activities for audiologists and interventionists serving young children with unilateral hearing loss
- Sequence of Development for Infants and Toddlers: Auditory, Language, and Speech
- Relationship of Hearing Loss to Listening and Learning Needs: Unilateral Hearing Loss

Suggestions for Evaluation and Management of Infants Identified by Newborn Screening: Mild and Unilateral Sensorineural Hearing Loss

AGE	AUDIOLOGICAL	FAMILY-CENTERED INTERVENTION
AGE 2 weeks to 3 months of age	Hearing loss indicated via universal newborn hearing screening, high- risk indicators, or referral. Confirm presence/degree of loss via OAE/ABR. Refer family to local early intervention program (Part C). Share written information with parent ¹ . If unilateral loss, consider amplification. If hearing aids are recommended, seek medical clearance and begin the necessary funding approval process.	UNHS personnel inform parents of newborns that do not pass universal hearing screening about the results of screening in a culturally sensitive and language appropriate manner and the describe the need for evaluation to rule out the presence of a hearing problem. Initial contact with family by early intervention program (EIP). EIP to provide written information describing the schedule of communication and auditory development ¹ . Discuss potential effects of hearing loss on listening, language and social development. Instruct on effective communication.
3-6 months	Appropriate amplification fit to hearing loss by pediatric audiologist . Fit loaner hearing aids as necessary while waiting for 3 rd party payer approval. Special consideration given to instrument specifications such as noise reduction/suppression, locking battery drawer, FM capability. Communicate/consult on specific amplification considerations with early interventionist and parent to assure fit of amplification to natural environment needs.	with unilateral or mild hearing loss. Stress the importance of frequent, meaningful parent – child interactions at close proximity. Emphasize the concept of "Language is caught, not taught" and the importance of early auditory development. Early interventionist assists with establishing the amplification wear pattern, provides tips to keep hearing aid(s) on child, practice Ling 6-sound test.
6-9 months	Behavioral testing to confirm degree of hearing loss and obtain frequency specific information. Compare to early OAE/ABR confirmation for indication of possible loss progression. Coordinate with early interventionist to collaborate with family for completion of Early Listening Function ³ (ELF) or other amplification validation measure.	Coordinate with audiologist and family to complete the ELF or other amplification validation and auditory skill development measure such as Little Ears ⁴ . Discuss the possibility of hearing loss progression and need for monitoring of hearing ability.
9-15 months	Reevaluate hearing to check stability of hearing loss. Research indicates ¼ of children with hearing loss may have loss develop in the better ear. Remake earmolds as needed. Reverify output, gain, frequency response of amplification in relation to ear canal growth ² . Cross-check appropriateness of amplification via feedback from parent and early interventionist. Now that child is mobile, consider appropriateness of use of FM in home or child care.	Check communication and cognitive milestones ⁶ . Now that child is mobile, discuss impact of listening from a distance and background noise as interfering with learning incidental language. Share information on child's development with audiologist. Work with the family on establishing consistent behavior expectations.
16-24 months	Reevaluate hearing to check stability of hearing loss. Remake earmolds as needed. Reverify amplification performance. Cross- check appropriateness of amplification via feedback from parent and early interventionist (i.e., via ELF). Communicate any changes in hearing status with early interventionist. Discuss lifelong need to avoid overexposure to noise and for regular hearing tests.	At 24 months obtain more comprehensive assessment of child development ⁶ . Delays in expressive language may begin to be apparent by 18 months. If concerns, address the need for communication intervention services. Discuss early literacy development and emphasize the importance of reading aloud to the child on a daily basis.
25-36 months	Reevaluate hearing, including WIPI half-list at 40 dB HL. Remake earmolds as needed. Reverify amplification performance. Discuss the need to begin to train child to put on own hearing aid(s). Provide modeling on how to answer peer questions about wear of hearing aid(s). As child approaches entry into preschool, in conjunction with the early interventionist, pursue the purchase of a personal, classroom, or desk-top sound field amplification system. Consider FM need based on support from parent report (CHILD ⁷ report form) or if WIPI test results for perception of low level speech in +5 S/N are < 88% correct.	Monitor communication development at 30 months. Discuss transition to community or public school preschool setting at age 3, especially if there are deficit areas present. Discuss need for child to develop independent skills with hearing aid(s) [•] Final communication inventory and evaluation prior to age 3. Coordinate with audiologist to complete the CHILD test. Provide information to parent on the potential need to establish a 504 plan at school-age; advocate for a special education evaluation if learning delays are present; and the potential need for FM technology in school classrooms.

1. Example: So Your Child Has A Hearing Loss, <u>http://www.agbell.org</u>

2. ASHA Pediatric Working Group on Amplification Fitting

3. Early Listening Function (ELF), <u>http://www.phonak.pl/com_elf_questionnaire_gb.pdf</u> or <u>www.sifteranderson.com</u>

4. Little Ears Auditory Questionnaire http://www.medel.com/US/img/download/BRIDGE_Catalog.pdf

5. Suggested instruments: Communication and Symbolic Behavior Scales- Developmental Profile (CSBS-DP) The Mullen Scales of Early Learning; Ages and Stages Questionnaires (ASQ), <u>http://firstwords.fsu.edu</u>

6. Examples: Minnesota Inventory of Early Child Development (24-40 months), ELM; Denver Developmental Screening Test
7. Children's Home Inventory for Listening Difficulties (CHILD) <u>www.sifteranderson.com</u> or

http://www.oticonusa.com/eprise/main/SiteGen/Uploads/Public/Downloads Oticon/Pediatrics/CHILD Questionnaire.pdf

Sequence of Development for Infants and Toddlers:

Auditory, Language, and Speech

Approx.	Auditory Development	Language Development	Speech Development
0-28 days	Startle response; attends to music and voice, soothed by parent's voice; some will synchronize body movements to speech patterns; enjoys time "enface" position; hears caregiver before being picked up		
1-3 months	Looks for sound source; associates sound with movement; enjoys parent's voice; attends to noise makers; imitates vowel sounds	Startles to loud sounds; smiles when spoken to; seems to recognize parent voice and quiets if crying; increases or decreases sucking behavior in response to sound.	Makes pleasure sounds (cooing, gooing); cries differently for different needs. Smiles when sees known caregiver
4-7 months	Uses toys/objects to make sounds; plays with noise makers; pays attention to music; enjoys rhythm games; responds to changes in tone of caregiver voice; notices toys that make sound; moves eyes in direction of sounds	Recognizes some words; responds to verbal commands (bye-bye); learning to recognize name;	Babbling sounds more speech-like with many different sounds, including p, b, and m. Vocalizes excitement and displeasure; makes gurgling sounds when left alone and when playing with caregiver.
8-12 months	Attends to TV; localizes to sounds/voices; enjoys rhymes and songs; enjoys hiding game; responds to vocal games (e.g., So Big!!,Peek-a-boo)	Recognizes words for common items like "cup," "shoe," "juice." Begins to respond to requests. Understands NO.	Babbling has both long and short groups of sounds such as "tata upup bibibibi." Uses speech or non-crying sounds to get and keep attention. Imitates different speech sounds. Has 1 or 2 words (no, dada, mama) although they may not be clear.
1-2 years	Dances to music; sees parent answer telephone/doorbell; answers to name call; listens to simple stories, songs, and rhymes	Points to pictures in a book when named; points to a few body parts when asked; follows simple commands and understands simple questions ("Roll the ball" "Where's your shoe?")	Says more words every month. Uses some 1-2 word questions ("Where kitty?"). Puts 2 words together ("More cookie"). Uses many different consonant sounds at the beginning of words.
2-3 years	Listens on telephone; dances to music; listens to story in a group; goes with parent to answer door; awakens to smoke detector.	Understands differences in meaning ("go/stop," "up/down"). Follows two requests ("Get the book and put it on the table"). Attends to travel activities and communication.	Has a word for almost everything. Uses 2-3 word "sentences" to talk about and ask for things. Speech is understood by familiar listeners most of the time. Often asks for or directs attention to objects by naming them.

Adapted from: <u>Ear Infections and Language Development</u>, <u>www.ed.gov/pubs/edpubs.html</u> and <u>Developmental Index of Auditory and</u> <u>Listening (DIAL)</u>, <u>www.edaud.org</u>

Relationship of Hearing Loss to Listening and Learning Needs

Child's Name:_____

Date:_____

Understanding of Language and	Possible Social Impact	Potential Educational Accommodations and Services
Speech		
 Child can "hear" but can have difficulty understanding in certain situations, such as hearing faint or distant speech, especially if poor ear is aimed toward the person speaking. Will typically have difficulty localizing sounds and voices using hearing alone. The unilateral listener will have greater difficulty understanding speech when environment is noisy and/or reverberant, especially when normal ear is towards the overhead projector or other competing sound source and poor hearing ear is towards the teacher. Exhibits difficulty detecting or understanding soft speech from the side of the poor hearing ear, especially in a group discussion. 	 Child may be accused of selective hearing due to discrepancies in speech understanding in quiet versus noise. Social problems may arise as child experiences difficulty understanding in noisy cooperative learning, or recess situations. May misconstrue peer conversations and feel rejected or ridiculed. Child may be more fatigued in classroom due to greater effort needed to listen, if class is noisy or has poor acoustics. May appear inattentive, distractible or frustrated, with behavior or social problems sometimes evident. 	 Allow child to change seat locations to direct the normal hearing ear toward the primary speaker. Student is at 10 times the risk for educational difficulties as children with 2 normal hearing ears and 1/3 to 1/2 of students with unilateral hearing loss experience significant learning problems. Children often have difficulty learning sound/letter associations in typically noisy kindergarten and grade 1 settings. Educational and audiological monitoring is warranted. Teacher inservice is beneficial. Typically will benefit from a personal FM system with low gain/power or a sound-field FM system in the classroom, especially in the lower grades. Depending on the hearing loss, may benefit from a hearing loss, may benefit from a hearing aid in the

UNILATERAL HEARING LOSS

Comments:

Please Consider Indicated Items in the Child's Educational Program:

_____Teacher inservice and seating close to teacher _____Hearing monitoring at school every ____mos. ____Amplification monitoring

Contact your school district's audiologist

Protect ears from noise to prevent more loss

____Educational support services/evaluation

__Screening/evaluation of speech and language

Note-taking, closed captioned films, visuals

FM system trial period

____Educational consultation/ program supervision by specialist(s) in hearing loss _____Regular contact with other children who are deaf or hard of hearing

Periodic educational monitoring such as October and April teacher/student completion of SIFTER, LIFE

NOTE: All children require full access to teacher instruction and educationally relevant peer communication to receive an appropriate education.

Distance, noise in classroom and fragmentation caused by hearing loss prevent full access to spoken instruction. Appropriate acoustics, use of visuals, FM amplification, sign language, notetakers, communication partners, etc. increase access to instruction. Needs periodic hearing evaluation, rigorous amplification checks, and regular monitoring of access to instruction and classroom function (monitoring tools at www.SIFTERanderson.com).

© 1991, Relationship of Degree of Longterm Hearing Loss to Psychosocial Impact and Educational Needs, Karen Anderson & Noel Matkin, revised 2007 thanks to input from the Educational Audiology Association listserv.